



Acadian Podorhythmie et Guimbarde

with Emmanuelle LeBlanc

Composer and dancer Emmanuelle LeBlanc is one of the most accomplished female multi-instrumentalists in folk music today. The guimbarde is a jaw harp, a metal instrument played with the mouth with quite a unique sound. Podorythmie is a uniquely French Canadian style of percussion using only the feet!

- Listen to *J'ai plumé le bec* ([YouTube](#)).
- Basic profile of Vishtèn and their influence ([Roots and Blues](#))
- Close-up video of Emmanuelle and her sister performing “Danse Assise” (podorythmie!) ([YouTube](#))
- Elle Tempête - music video featuring Vishtèn and dancers ([YouTube](#))
- Trois Blizzards - written about the PEI snowstorms of 2015 ([YouTube](#))
- L'Hermite - music video featuring Vishtèn and dancers ([YouTube](#))
- Bi Bi Box - From the 2021 summer series Connexions by Vishtèn, presented at DiverseCity Festival on Prince Edward Island, featuring Crankie artwork by Norah Pendergast ([YouTube](#))

Links to Explore

You can visit Emmanuelle’s [website](#) and follow her on [Facebook](#) and [Instagram](#). Learn more about her band, Vishtèn, on their [website](#).

For teaching videos and more activities to learn Acadian Podorhythmie with Emmanuelle, visit the ArtsSmarts PEI Our Musical Island resource at

www.ourmusicalisland.ca

These supplementary learning materials provided by:



www.oliverssong.ca