



Persian Dance

with Monelli Rahmatian

Salam! My name is Monelli and I was born in Tehran, Iran and moved to Toronto when I was 7. From a very early age, I was surrounded by music, poetry, and dancing. I draw from many forms of dance including traditional and modern Persian dance, belly dancing, latin, hip hop, Indian and Afro.

- Monelli performing as part of DiverseCity Fest, watch her at [20:00](#) and [34:20](#). (Vimeo)
- Monelli teaching learners at Montague Consolidated Persian dance ([CBC](#))
- A video about Norooz (Persian New Year, celebrated at spring equinox) ([YouTube](#))
- A video about the haftseen, a Norooz tradition ([YouTube](#))
- Videos about Yalda (winter solstice):
 - Persian Yalda Night ([YouTube](#))
 - Colorful Yalda Night ([YouTube](#))
- Video featuring traditional Persian instruments Tonbak and Daf ([YouTube](#))

Links to Explore

See an example of Monelli's dancing [here](#) and learn more about opportunities to dance with Monelli at her website: [Monelli Studios](#)

For teaching videos and more activities to learn Persian Dance with Monelli, visit the ArtsSmarts PEI Our Musical Island resource at

www.ourmusicalisland.ca

These supplementary learning materials provided by:



www.oliverssong.ca